CatStrand

September, October & beyond

Est. 2007









Glenkens Community & Arts Trust

YOUNG CREATIVES

Music : Performing Arts : Film : Exhibitions : Workshops

gcat.scot | 01644 420374

Box Office & Bookings

For booking enquiries / to book
01644 420 374 or www.gcat.scot
Open 11am-4pm daily

CatStrand Café & Shop

Open 11-4pm daily
Seating indoors and outdoors
Lunches, coffee & cake, licensed bar

Glenkens Community & Arts Trust Ltd, CatStrand, High St,
New Galloway, DG7 3RN
Reg Scottish Charity SCO32050

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Visiting

CatStrand bar is open for evening shows providing drinks and bar snacks. Evening meals are normally available at the Lochinvar Hotel and Clachan Inn in Dalry. Please check their availability and opening hours directly – booking is advised.

There is a limited local bus service: www.glenkens.scot/transport has up-to-date information.

General parking is available in public car parks in New Galloway and on street in Balmaclellan.

Charge Place Scotland 7kw EV chargers are available at Carsons Knowe car park, New Galloway. A free 7kw electric vehicle charging facility is available at the Smiddy.

The CatStrand welcomes cyclists and has a free to use bike shed and tool station. The Smiddy also has a bike shed.

A' The Way to Galloway: Slow Tour

Through Slow Touring, we invite an artist to spend more time in the Glenkens and Galloway. Creating more opportunities to get to know different aspects of their work, share their skills and also allowing time for the artist's work to be influenced by their stay with us. A' the way to Galloway is an exploration of Galloway Music, led by artists with strong connection to the area.

*Note this is an October date to coincide with the Glenkens Story conference (see P8)

A' The Way to Galloway: Concerts

02 Sep 7:30pm — Quarrymen's Arts Centre, Creetown | £14, £4 U26s

03 Sep 3:30pm — Loch Arthur Cresset Hall, Beeswing | £14, £4 U26s

06 Oct* 7:30pm — CatStrand, New Galloway | £14, £4 U26s

Join us to celebrate a new album of Galloway music, featuring former Dalry residents Jo Miller (song and fiddle) and Amy Geddes (fiddle and viola), Wigtownshire singer Robyn Stapleton, with Steve Sutcliffe (concertinas) and Neil Sutcliffe (piano, accordion, and concertina). They perform music from their new album A' the way to Galloway, and other local songs and tunes. All are welcome for these special concerts, with opportunities to participate!



Tune Workshops with Amy Geddes and Neil Sutcliffe

02 Sep 2pm — Quarrymen's Arts Centre, Creetown | £8, £4 U26s

03 Sep 12pm — Loch Arthur Cresset Hall, Beeswing | £8, £4 U26s

This workshop is for instrumentalists of all ages. Amy and Neil will teach Galloway tunes and other repertoire for a mixed instrument group, with a focus on tune learning and accompaniment. You should be able to play a simple tune confidently (not suitable for beginners) and you can learn either by ear or using music notation. Audio files of tunes will be available before the workshop.



10 Sep 10:30am — Song workshop with Robyn Stapleton and Jo Miller

WORKSHOP | Dalry Town Hall | 10:30am - 4pm | £16, £6 U26s

Galloway has a rich song tradition, ranging from work by 19th century local poets to the 'craft' songs of shepherds, humorous items and dance songs. Come and explore some of this repertoire with Robyn Stapleton and Jo Miller. Vocal arrangements will be provided, but we'll also explore unison singing and rhythmic accompaniment. Music reading not essential. Tea and coffee provided, bring lunch to share.





03 Sep
11am

Mr Pook's Cookery Demonstration

EVENT | CatStrand | £12, £5 U26s / universal credit

Join expert local chef and restaurateur Mr Pook at the CatStrand to enjoy his cookery skills. Ed will be using foraged Autumn Fayre to cook up a feast, using mushrooms, fruits & berries to inspire savoury & sweet dishes. There will be an opportunity to taste the results after the demo!

Part of Glenkens Food Month, a Together in the Glenkens event.



03 Sep
7:30pm

Martin Simpson

MUSIC | CatStrand | £16, £6 U26s / universal credit

One of England's most revered folk performers, widely acknowledged as one of the finest acoustic and slide guitar players in the world, Martin's interpretations of traditional songs are masterpieces of storytelling. His remarkable solo shows are intense, eclectic, spellbinding and deeply moving. Nominated an astounding 31 times in the 16 years of the BBC Radio 2 Folk Awards - more than any other performer - and winner of numerous awards.



08 Sep
7:30pm

Tom Pow and The Galloway Agreement: The Village and the Road

THEATRE | CatStrand | £16, £6 U26s / universal credit

The Village and The Road is a personal and collective story about rural depopulation told through storytelling, live music and theatre. Tom Pow draws on his travels for this emotive journey exploring the abandonment of the countryside, refugee crises and the 'great thinning' of the natural world, whilst The Galloway Agreement musicians draw on their wide experience of European musical traditions to enlarge the emotional landscape, driving the narrative.



10 Sep
3pm

Family Fun Day

EVENT | New Galloway Park | Free

Bring a picnic and some drinks for a celebration of food and community. Games and entertainment plus free food samples - always a great day out!

Part of Glenkens Food Month, a Together in the Glenkens event, with Galloway Community Enterprises.



10 Sep
6pm

Continuing the Food and Fun

EVENT |CatStrand | Free

Don't let the fun stop there - head over to the CatStrand for more free food samples, live music and a licensed bar.

Part of Glenkens Food Month, a Together in the Glenkens event.



16 Sep
7:30pm

Wave Blues Band

MUSIC |CatStrand | £12, £4 U26s / universal credit

Get your mojo working and be spellbound by soulful driving rhythms that will make you want to shake your tail feathers. Wave Blues Band pulls you into the electric world of Chicago and Delta blues. This five-piece band comes from South West Scotland, and are heavily influenced by blues artists such as Big Mama Thornton, Jimmy Reed and Howlin Wolf.



17 Sep
3pm

Bottling It: A Buskers Production

FILM | CatStrand | £5

A film and discussion with the prize-winning film maker and visual artist Sue Thomas and the Women Who Write Collective, followed by a free writing workshop.

This film unstoppers, decants and spills out memory in image, poetry and prose, inviting introspection about what it is to cook, preserve, nurture and feed others in a rural landscape.

20 Sep
7pm

Rooted: Growing Local Food Ecosystems

FILM & DISCUSSIONS | CatStrand | FREE

Propagate works across sustainable food and farming projects, with a focus on education and learning for all. Created in partnership with film maker Emma Dove (Soft Error) This new film series follows farmers and food producer, food hub staff, volunteers and customers, community food activists and more folk from across Dumfries and Galloway. We explore just what it takes to collectively grow a local food ecosystem. After the films (each no more than 10mins) we will be joined by some of the people in the films for a panel discussion and audience Q&A.

21 Sep
7:30pm

Kate Young: Umbelliferæ

MUSIC | CatStrand | £14, £5 U26s / universal credit

Kate Young brings her international string quintet to CatStrand. A sonically entrancing live act, encompassing folk, world and classical elements. With music originally commissioned by Celtic Connections, this rich and divergent string quintet incorporates folk, chamber and pop influences and performs a series of songs largely inspired by traditional uses of medicinal plants; weaving British plantlore and folktales into songs and compositions as a means to perpetuate and empower traditions at risk of being lost.







22 Sep
7:30pm

George Egg: Set Menu

COMEDY | CatStrand | £15, £5 U26s / universal credit

Part of the Glenkens Food Month. George Egg is the comedian who cooks. This award-winning, multi-sell-out, international-touring performer presents a delightful hour comprising the best bits from his previous acclaimed comedy-with-cooking shows, plus a few new surprises.

Three plates of gourmet food prepared in the most unconventional of ways and with the opportunity to taste the results at the end. It's time for the funniest recipes and the most delicious jokes.



30 Sep
7:30pm

Help I Think I'm A Nationalist! By Seamas Carey

COMEDY | CatStrand | £12, £5 U26s / universal credit

Who am I? Where do I belong? Is it OK to be a nationalist? Cornwall is at a tipping point. House prices soar, the population shifts, tensions rise. for the rich. Seamas Carey is confused. He is desperately trying to understand. *Where's the line between pride and power? What happens when it all goes too far?* Seamas needs help. He needs your help.

From Seamas Carey (creator of The Reason Why podcast) comes the controversial sell-out comedy show on identity, second homes, xenophobia and bagpipes.



04 Oct
7:30pm

Woman Walking

THEATRE | CatStrand | £10, £5 U26s / universal credit

Woman Walking, by acclaimed Scottish playwright Sylvia Dow, is a play imagining interactions over time between Cath, a modern woman carrying guilt and trauma over the death of her mother, and Nan, long since deceased. Nan is brought back by Cath to help her find resolution through her dialogue with Nan. Sylvia Dow's play has both humour and pathos and brings themes of grief, resolution and the healing power of nature. Supported by Creative Scotland and part of the Dumfries & Galloway Arts Festival's year-round programme of performing arts events.



Music Making in the Glenkens: Past, Present and Future

The Glenkens Story's annual history conference tackles a completely different subject this autumn when it addresses the musical history of the Glenkens and provides an excuse for a hectic weekend of music making. The CatStrand will host an exhibition during September and October, celebrating local musicians through the years.

06 Oct
7:30pm

A' The Way to Galloway

MUSIC | CatStrand, New Galloway | £14, £4 U26s

Join us to celebrate a new album of Galloway music, featuring former Dalry residents Jo Miller and Amy Geddes, Wigtownshire singer Robyn Stapleton, with Steve Sutcliffe and Neil Sutcliffe. They perform music from their new album A' the way to Galloway, and other local songs and tunes. All are welcome for these special concerts, with opportunities to participate!



07 Oct
10:30am - 3:30pm

Glenkens Story: Music Making in the Glenkens: Past, Present and Future

CONFERENCE | CatStrand | £30 (inc. lunch), £10 U26s, £20 student

This day of talks, music and discussion will include an overview by Dr Jo Miller, drawing on her extensive research into local musical traditions. Christopher Wright will discuss Galloway music in the School of Scottish Studies Sound Archive, and the relative lack of representation. Anna Campbell will delve into the archives of the Carsphairn Heritage Group, unearthing stories of some of the musical families in the area. Presentations will be illustrated by live and recorded music, video, and pictures. The day will conclude with an open discussion, chaired by historian Lizanne Henderson, addressing not only the preservation of our musical tradition but how it can thrive and develop.

07 Oct
4:30pm

A Wee Hoolie

EVENT | CatStrand | £2

After the conference, the CatStrand will welcome young children and their families for a Wee Hoolie, a special hour-and-a-bit of musical fun led by Amy Geddes and Neil Sutcliffe. Expect games, singing, dancing and stories!



07 Oct
7:30pm

Gaither Roon Folks an' this Story I'll Tell

CONCERT | Town Hall, Dalry | £5

On Saturday evening, the action switches to Dalry Town Hall where Brian Edgar will compère a celebration of today's music makers in the Glenkens: 'Gaither roon folks an this story I'll tell'. The programme of local singers and instrumentalists for this community concert is still being put together but already includes CatStrand Singers, Weirdy Women and a performance by Wendy Stewart of a new version of her outstanding composition commissioned to celebrate the recent bicentenary of the Ken Bridge.



14 Oct
11:30am

Four Go Wild in Wellies : Indepen-dance

DANCE | Lagwyne Hall, Carsphairn | £6, £4 U26s / universal credit, £5 each for groups of 4

A whimsical adventure featuring bobble hats, scarves, tents that have a life of their own and, of course, lots of fun in wellies! Four Go Wild in Wellies is a playful look at the negotiation of social structures – how friendships are built, broken and mended, the spectrum between collaboration and competition and the joy of inventiveness and curiosity as play emerges from interaction with each other and with the world around, particularly the natural world.

Recommended for ages pre-school to P3, and families with young children.

14 Oct
1pm

Four Go Wild in Wellies Workshop

WORKSHOP | Lagwyne Hall, Carsphairn | Free for ticket holders of the 11:30 show

Led by the four dancers, this workshop follows the themes of the performance – friendship, games and making shapes in the environment. It will be adapted to the needs of the audience members.

This free workshop is available only to ticket holders of the 11:30 show. Please book a children's ticket to avoid disappointment!



14 Oct
7:30pm

Pierre Schryer & Seán Gray

MUSIC | CatStrand | £14, £5 U26s / universal credit

Pierre Schryer is one of his country's leading traditional fiddlers. His fretboard and bowing acrobatics have captivated audiences around the world, all thrilled by his depth of character and warmth. Seán Gray has been wowing audiences too as a multi-talented force touring with many top acts including the Paul McKenna Band, The Outside Track and The Treacherous Orchestra. Together, Pierre and Seán create a diverse and hugely successful musical duo.

Expect to be treated to a whizz-bang set that's influenced by Bluegrass, Celtic, Jazz, Gypsy, Country, Folk and Old Time.

18 Oct
7:30pm

My Doric Diary

THEATRE | CatStrand | £12, £5 U26s / universal credit | Age guidance: 12+

It's December 31st, 2010, in Fraserburgh. But not all is sparkly balloons. Daisy is desperate to attend the town's New Year's Eve party but Granny will not allow it. After an argument, a disgruntled Daisy locks herself in her room. Things take a time-bending twist when Daisy is magically transported back to the same night 17 years earlier. But why has she been brought here? Why now? And most importantly, who is that mysterious figure standing at the mic?

A Doric jukebox musical from Katie Barnett and James Siggens of AyeTunes!, My Doric Diary is a heart-warming story about what it means to love and what it takes to let go.

21 Oct
7:30pm

Battery Park: Sleeping Warrior Theatre Company & The Beacon Arts Centre

THEATRE | CatStrand | £14, £5 U26s / universal credit | Age suitability: 14+

It's 1992 and Tommy McIntosh is the next big thing in Britpop Britain. His band Battery Park, a raucous female-fronted 4-piece from Greenock are recording their debut album and preparing to tour the country supporting Oasis. But then, out of the blue, they disappear from the scene and are never heard of again. Thirty years later, a young student approaches Tommy and tries to unravel what happened to the boy wonder and his mates. Battery Park is a play with live music from the writer/director of the 5-star Spuds and Crocodile Rock. A funny, earthy play that packs an emotional punch that resonates long after the final note. Supported by Creative Scotland.







28 Oct
7:30pm

Henge

MUSIC | CatStrand | £17, £12 U26s / universal credit | Age guidance: 12+

Attention Humans! This is HENGE.

Their music escapes definition, but occupies a space between rave and prog rock that nobody knew existed. It is energetic, subversive and invigoratingly playful, jovially going 'where no one has gone before'. Ultimately, HENGE is spreading a message of hope which leaves audiences feeling amused and uplifted in equal measures.

This is a standing gig with midnight license applied for.

05 Nov
2pm

Ginger: Tortoise in a Nutshell

THEATRE | CatStrand | £8, £5 U26s / universal credit, £20 Group 2 adults & 2 children | Recommended for Ages 3-7

It's time to get baking! Eggs crack, butter melts, puffs of flour fill the air. Ginger tells the tale of a misshapen gingerbread person, discarded and marked for the bin. Follow our biscuity hero as they inspire a picture-perfect kitchen to come alive in a cacophony of chaos. Performances will be followed by a fun-filled and interactive biscuit-making experience!

Created by multi-award-winners Tortoise in a Nutshell, in association with Lyth Arts Centre and Platform. Supported by the National Lottery through Creative Scotland.

18 Nov
10am

A DAY TO PLAY: Shaper Caper

WORKSHOP | Lagwyne Hall, Carsphairn | Free

Ahead of their show Paper Moon, Shaper Caper are hosting "A DAY TO PLAY" Workshop for children aged 2-12 and their grown-ups, giving everyone a chance to get immersed in the world of Paper Moon by getting creative with the dancers and props.

A DAY TO PLAY is hosted by Carsphairn's Bairn Banter stay & play group for pre-schoolers.





Image credit: Mihaela Bodlovic

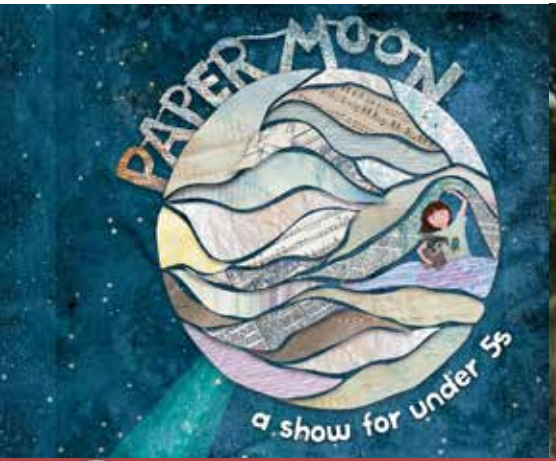
18 Nov
2pm

Paper Moon: Shaper Caper

THEATRE | CatStrand | £8, £5 U26s / universal credit, £20 Group 2 adults & 2 children

The moonlight is shining across the bedroom floor as Poppy dozes off. But suddenly, Poppy wakes up to discover that the the cow that jumped over the moon, has got stuck! Poppy's mission is clear - and she really needs your help! Join Poppy as she launches across the canvas sky at the speed of light towards the Paper Moon.

Paper Moon is a memorable interactive adventure show for under 5s by acclaimed dance company Shaper/Caper, featuring beautiful set and costume by Janis Hart. This production is generously supported by Creative Scotland.



22 Nov
7:30pm

Fergus McCreadie

MUSIC | CatStrand | £12, £5 U26s / universal credit

Shortlisted for the 2022 Mercury Prize with FREE NOW. 2022 Scottish Album of The Year Award Winner. 2022 JazzFM Instrumentalist of the Year.

Fergus McCreadie, one of the most exciting young jazz pianists on the world stage, returns to the CatStrand for a solo performance. With his unique blend of Jazz and Scottish folk music inspired by his country's sublime landscapes, Fergus has captured the hearts and minds of audiences worldwide. He is undoubtedly a future star in the making.



21 Dec
7:30pm

Midwinter Ceilidh with Whirligig

MUSIC | Dalry Town Hall | £12, £4 U26s / universal credit

Join us for a heady evening of music and dance to bring in the Christmas season. Excellent tunes and safe calling hands will be provided courtesy of Whirligig - CatStrand favourites Ruth Morris, Gavin Marwick and Phil Alexander.



Regular Events

Ken Words Writers' Cafe

EVENT | CatStrand Cafe | Free | Second Thursday of the month - 14 Sep, 12 Oct, 9 Nov, 14 Dec | 7pm

The Writers' Café offers a friendly, supportive environment to meet monthly for writing-focussed conversation and discussion of work-in-progress. It is open to anyone interested in writing, whatever your in/experience.

Hosted by Jane McBeth on behalf of Ken Words – please contact her at jane.kenwords@gmail.com if you have any queries.

WriteOn Writing Group

EVENT | Online and CatStrand | £5 per month subscription

WriteOn is a writing group convened by author Margaret Elphinstone (www.margaretelphinstone.co.uk). Anyone who lives locally or who has some Galloway connection is eligible to join. No writing experience is necessary. The group has a private web platform where all contributions and comments are posted. There are also quarterly workshops at CatStrand. Members write in different genres, and encourage each other to experiment. You can see selections of their work at writeongalloway.wordpress.com. If you're interested in joining, please contact info@catstrand.com

Margaret Morris Movement (adult class)

DANCE | CatStrand | £5 | Mondays, 2.30pm - 3:30pm (term time only)

Margaret Morris Movement (MMM) is a Modern Dance technique which uniquely addresses the health and well-being needs of the individual alongside the wish for artistic and creative expression. It gives an understanding of how correct breathing can increase stamina and range of movement, how working on posture can improve health and vitality and how using the body's natural opposition can strengthen muscles. It improves balance and co-ordination, freeing the body to dance and the mind to be creative.

Contact sara.shackleton26@gmail.com







Dalry Song Share

MUSIC | Dalry Town Hall | £2 | Friday 03 Nov, 01 Dec | 7:30pm

At Song Share sessions, folks are welcome to lead a song, or join in, or just listen, but there is no audience/performer division. Singers take turns in a friendly circle.

Refreshments can be brought in by participants, and purchased in nearby pub. Accompanying acoustic instruments are welcome too. Please contact Anne Chaurand for more info anne.chaurand@btinternet.com

CatStrand Singers

MUSIC | CatStrand | £5 | Thursdays | 11am

The Catstrand Singers are a Glenkens-based community choir who have been meeting on Thursdays for twelve years now. Anyone who enjoys singing – or would like to try - is welcome. Contact Carol Salsbury at mothermalarky@hotmail.co.uk or search Catstrand Singers on Facebook for more information.

Open Stage with Alan McClure

MUSIC | CatStrand | £5 per audience & acts | 21 Dec (TBC) | 7:30pm

Join us for our bi-monthly fun packed evening of varied live performance ... poetry, song, storytelling, comedy, whatever you feel like - come to perform or just to enjoy!

Performers are welcome to turn up on the day, but can contact Alan to discuss their show in advance alanmcclure70@hotmail.com.







Clachan Folk Sessions

MUSIC | Clachan Inn, Dalry | By donation (£5 suggested) | Sun 08 Oct | 5:30pm - 7:30pm

Bring your instruments or singing voice for a folk session led by Ollie Rigg, Michael Muir (Muckle Spree), Lucy Smith and their guests. Or just come along to listen in. They can be very popular, so we recommend prompt arrival to get a seat!

A great pub with great tunes & great company - there can be few finer ways to spend a Sunday afternoon. Listen, play, or chat next door.



EXHIBITION

South West Scotland Printmakers

EXHIBITION | CatStrand | August and September 2023

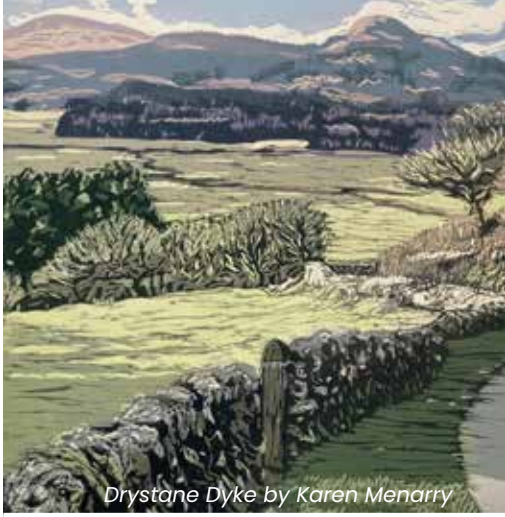
South West Scotland Printmakers (SWSP) is a co-operative of printmakers and supporters from South West Scotland and surrounding areas.

The group was formally constituted in November 2020 as a not-for-profit organisation with the aims of creating both physical and virtual spaces where printmakers can share their ideas and also promoting the work of its members.

This exhibition is designed as a taster exhibition by 10 of our members, bringing together many different printmaking techniques. They range from monotypes (both traditional and modern) to lino cuts (both multi layered and reduction). Traditional etchings and aquatints are also included and in some cases a mix of several techniques.

All prints are hand-made, some are one of a kind and others as small, limited edition runs.

More information is available on South West Scotland Printmakers Facebook Group or email swsprintmakers@gmail.com



Drystane Dyke by Karen Menarry



Thrift by Joshua Miles

CATSTRAND YOUNG CREATIVES

6pm - 7:30pm

Young Writers' Cafe (12 - 25 years)

WRITING | CatStrand | Free | Last Wednesday of the month

Are you passionate about writing poetry, fiction, memoirs or scripts, or just starting our exploring the world of creative writing? Then look no further than Young Writer Cafe. Every last Wednesday of the month, The Café is a youth led environment that promotes creativity and encourages aspiring writers to come together to meet likeminded individuals to work on their own pieces or share work. Don't forget to grab a drink from our café to fuel your imagination!

Saturdays 11:15am - 12:30pm

Saturday Art Club (ages 10 – 16) - booking essential

ART | CatStrand | £2 | Saturdays, term time | bi-weekly | 02 Sep - 14 Oct

Saturday Art Club is a bi-weekly club offering the opportunity to learn new skills, discover talents and meet new people. Saturday Art Club will introduce members to a range of different and exciting art and design activities/skills such as drawing, mark-making, printmaking, painting, photography, 3D/sculpture, illustration, textiles, and more! The artist-led club will build your confidence and develop your own personal areas of interest within art and design. These activities will be run by a professional practising artist with occasional guest artists.

02 Sep 10am - 11am

Art Explorers (5 – 9 years) - Booking essential

ART | CatStrand | £2 | Saturdays, bi-weekly, term time | 02 Sep - 14 Oct

Looking for a fun and creative activity for your little ones? Join Saturday Art Explorers, an art club designed for under 10s. Our artist will guide children in exploring different art techniques and materials, helping to them to build their creativity and confidence. Each week is a new adventure, with exciting projects ranging from painting and drawing to sculpting and printmaking. Don't miss out on this unique opportunity.

Parents can stay for the session or enjoy a child-free hour whilst the kids get creative!!







09 Sep

Creative Portfolio Development (14 - 25 years)

ART | The Smiddy, Balmaclellan | £6 | Saturdays, monthly, term time | Starts Saturday 09 Sep

At each artist-led session you will learn a new creative skill. This might include things like experimental printmaking, alternative photography, found object sculpture or digital foraging. These workshops are ideal if you are considering art college and want to develop work for your portfolio but are equally suitable if you just enjoy making stuff in a relaxed environment with likeminded folk.

All materials and equipment will be provided but you are very welcome to bring your sketchbook, other resources, or items that inspire you.



23 Aug
4:30pm

Drama Rama (6 - 10 years)

DRAMA | CatStrand | £2 | Wed 23 Aug - 29 Nov | Term Time Only | 4.30 – 5.15pm / 5.15 - 5.35pm (Musical Theatre)

Join Cat on a fun creative adventure to magical lands exploring through role play, drama, movement and storytelling. From adventures in the jungle, to chasing dragons and flying with fairies, the weekly sessions will promote imagination and speaking skills in a fun way, helping to bring out the inner performer within your child whilst promoting confidence and making new friends! Sessions will run without parents. Classes will only run with a minimum of 5 children. To register, email catherine@catstrand.com or book via www.csyoungcreatives.com



28 Aug
4:30pm - 5:30am

YOUNG CREATIVES: Art Ambassadors (age 11 - 21)

GROUP | CatStrand Cafe | Free | Bi-weekly 28 Aug - 09 Oct

A dynamic group of young volunteers aged 12 – 21 years, working together to represent the voices of young people in the Glenkens area and help shape the Young Creatives art programme.

Art Ambassadors gain excellent experience, and are key to shaping the Young Creatives programme. They also get pizza, a cool T -shirt, the opportunity to work in a professional arts centre and, most importantly, a warm fuzzy feeling!

These meet-ups are supported by the Holywood Trust.



28 Aug
3:45pm - 4:30pm

Margaret Morris Movement | Health Play (ages 4-7)

DANCE | CatStrand | Mondays, weekly | 28 Aug - 09 Oct | Term Time | Only £2.50 per child or £10 for half term

Music, a song, a story, a rhyme, an idea, an object combine in this delightful dance syllabus for pre-school and early years in these Health Play creative movement sessions. Led by local dancer, choreographer and teacher Sara Lockwood. Running Mondays during term time.

Contact sara.shackleton26@gmail.com for more information.

28 Aug
4:30pm - 5:30pm

Margaret Morris Dance | Youth Dance & Children's Grades (ages 8 - 15)

DANCE | CatStrand | Free | Mondays, weekly, 28 Aug - 09 Oct | Term Time | £2.50 per child or £10 for term block

Margaret Morris Movement is a type of dance that encourages young people to explore their artistic and creative side, for example, through costume or set design, alongside developing dance technique. This group offers a chance to work towards dance grades.

Contact sara.shackleton26@gmail.com for more information.

Various
2pm - 5pm

Dance Step (ages 10 - 18)

DANCE | CatStrand | £5 | Sat 02, 16 & 30 Sep, 14 Oct, 04 Nov, 16 Dec

Dance Step is a new Young Creatives initiative and will provide young people the opportunity to explore the world of dance. Each month, participants will be introduced to a different dance form in these high energetic workshops, led by professional dancers and dance tutors. Workshops will include jazz and tap, hip hop, street dance, musical theatre, ballet and much more. Participants will also have the opportunity to use the 'Dance Space' session on a Thursday by weekly basis. Participants are encouraged to attend all monthly sessions to benefit from this opportunity. No experience necessary.







Youth Players Behind the Scenes | Set Design for Pantomime

THEATRE | CatStrand | Mondays bi-weekly | 5:30pm - 7pm

Come behind the scenes with the CatStrand Young Creatives Theatre Crew this year and help us build the set for the exciting annual Christmas panto! Suitable for 10 - to 25 years. Get hands-on experience in prop and set design, whilst being part of a beloved holiday tradition.

Youth Players Pantomime Rehearsal (Ages 10 - 25)

THEATRE | CatStrand | Sundays, weekly | Term Time, starting 03 Sep | Free

Join the award-winning CatStrand Youth Players for our exciting Christmas pantomime production starting this September. No experience required, just a passion for acting and fun! Our rehearsals take place every Sunday under the guidance of award-winning director Brian Edgar, offering you a great opportunity to hone your skills, make new friends and explore the magic of live theatre. Limited places available, so register your interest - email catherine@catstrand.com.

Performances 08, 09, 10 December.

11:45am - 12:45am

Young Music Makers: A Taste of Music

MUSIC | The Smiddy, Balmaclellan | £4 | 02 Sep, 07 Oct, 11 Nov, 02 Dec

Looking for a fun and engaging activity for your child? Look no further than our Taste of Music workshops designed for children to try out new instruments and learn the basics of rhythm and beat. With a variety of instruments including ukulele, keyboard, guitar and drums, your child will have the opportunity to explore their musical interests and develop their skills. Join us for a jam-packed session of music making and discovery.







26 Aug
10:30am - 11:30am

Young Music Makers: Musical Misfits (ages 10 - 18)

MUSIC | The Smiddy, Balmaclellan | £2 | Term Time Only | 26 Aug – 16 Dec

Calling all aspiring young singers and musical enthusiasts! Join our bi-weekly singing class for ages 10-18. With a seasoned and passionate music teacher Kate Picken, you'll get to learn show-stopping songs from your favourite musicals, hone your vocal technique, and conquer harmonies. Top it off with an incredible showcase on the 4th November to flaunt your new found skill. Sign up now and let the spotlight shine on you!



09 Sep
2pm - 2:30pm

Young Music Makers: Ukulele Sparks & Ukulele Skills

MUSIC | The Smiddy, Balmaclellan | £4 | Sat term time, weekly – 09 Sep - 02 Dec

Come and join our weekly ukulele classes, designed for children aged 6-9 years and 10+ years! Learn to play this fun and versatile instrument in a relaxed and friendly group setting. Our experienced and enthusiastic teachers will guide you through the basics and help improve your skills week by week. Develop musical abilities, boost self-confidence, and make new friends! Limited places available, so book now to avoid disappointment

25 Aug
4:30pm - 6:30pm

Young Music Makers: Piano Lessons

MUSIC | CatStrand | £8 | Term time, weekly, Fri 25 Aug - 22 Dec

Do you want your child to learn how to play piano on a grand piano? Our private piano lessons are available for children over 12 years old who haven't currently got access to music lessons. Our experienced and friendly musician tutor will tailor each lesson to your child's needs and abilities, ensuring that they get the most out of their musical journey. Don't miss out on this amazing opportunity. Places are very limited and payable termly.

09 Sep
6pm - 8pm

Young Music Makers: Mini Music Makers (under 6s)

MUSIC | The Smiddy, Balmaclellan | £4 | Monthly, term time, 09 Sep - 02 Dec

Mini Music Makers are joyful, upbeat music sessions for 0 – 7 year olds, led by professional music tutor Kate Picken. They promote musical and general development whilst nurturing a love of music, but most of all they are FUN for kids and their grown ups!

26 Aug
2:30pm & 3pm

Young Music Makers: Guitar Sparks & Skills

MUSIC | The Smiddy, Balmaclellan | £4 | Sat term time, weekly – 26 Aug - 22 Dec | 2:30pm - 3pm / 3pm - 4pm

Give your child the gift of music with our group guitar lessons! Our experienced teachers create a fun supportive environment for children and young people to learn the basics of playing the guitar. Young people will learn the fundamentals of guitar playing, including chords, scales and strumming techniques. They'll also have the opportunity to play with others and develop their musical skills in a group setting. Sign up now and watch your child's love of music grow!

DID YOU KNOW?

Glenkens Community & Arts Trust

The CatStrand Arts Programme and CatStrand Young Creatives are both GCAT projects. Our other projects include:

- The Glenkens Gazette
- The Glenkens Hub - www.glenkens.scot
- Galloway Community Transport and ebikes
- Together in the Glenkens
- The Glenkens Community Spaces Network
- Glenkens Youth Group

We also lead on delivering the Glenkens and District Community Action Plan. All details are available on www.gcat.scot or follow us on Facebook @GCAT.

Thank you to all our funders, staff, volunteers and private supporters that make all of this possible.

Pop in and see us at the CatStrand if you can!

ALSO AT CATSTRAND AND THE SMIDDY

GCAT's two venues also host a range of regular sessions and events. Dates and times subject to change, please contact the organiser directly before attending for the first time.

Tuesdays			
9am	Strong Yoga	CatStrand	kathyr64@hotmail.co.uk
11am - 4pm (fortnightly from 19th Sep)	Citizens Advice	CatStrand	info@dagcas.org.uk
Wednesdays			
10am	Art for Wellbeing	CatStrand	jo@catstrand.com
4pm - 5pm	Gentle Exercise	CatStrand	jo@catstrand.com
6:30pm	Glenkens Ukes	The Smiddy	briantjjones@gmail.com
6:30pm (until 24th Sep, then moves to Tuesdays)	Tai Chi	CatStrand	jo@catstrand.com
Thursdays			
9:30am	Yoga	CatStrand	kathyr64@hotmail.co.uk
Fridays			
9:30am	Zumba	CatStrand	samantha.rushton@hotmail.co.uk
6pm (fortnightly from 8th Sep)	Bar Nights	CatStrand	info@catstrand.com
7pm (last Friday of the month)	Pie Pint n Patter	CatStrand	jo@catstrand.com

DIRECTORY

Arts & Events Programme

September	Sat 02	A' The Way to Galloway - Quarrymen's	Concert	p.3
	Sat 02	A' The Way to Galloway - Quarrymen's	Workshop	p.3
	Sun 03	A' The Way to Galloway - Loch Arthur	Concert	p.3
	Sun 03	A' The Way to Galloway - Loch Arthur	Workshop	p.3
	Sun 03	Mr Pook's Cookery Demo	Event	p.4
	Sun 03	Martin Simpson	Music	p.4
	Fri 08	Tom Pow The Village and the Road	Theatre	p.4
	Sun 10	Song Workshop Robyn Stapleton & Jo Miller	Workshop	p.3
	Sun 10	Family Fun Day	Event	p.5
	Sun 10	Continuing the Food and Fun	Event	p.5
	Sat 16	Wave Blues Band	Music	p.5
	Sun 17	Bottling It: A Buskers Production	Film	p.6
	Wed 20	Rooted: Growing Local Food Ecosystems	Film	p.6
	Thu 21	Kate Young: Umbelliferæ	Music	p.6
	Fri 22	George Egg: Set Menu	Comedy	p.7
	Sat 30	Help I think I'm a Nationalist! Seamus Carey	Comedy	p.7
October	Wed 04	Woman Walking	Theatre	p.7
	Fri 06	A' The Way to Galloway	Concert	p.8
	Sat 07	Glenkens Story: Day Conference	Conference	p.8
	Sat 07	A Wee Hooli	Event	p.8
	Sat 07	Gather Roon Folks an' this Story I'll Tell	Concert	p.9
	Sat 14	Four Go Wild in Wellies: Indepen-dance	Dance	p.9
	Sat 14	Four Go Wild in Wellies: Workshop	Workshop	p.9
October	Sat 14	Piere Schryer & Sean Gray	Music	p.10
	Wed 18	My Doric Diary	Theatre	p.10
	Sat 21	Battery Park	Theatre	p.10
	Sat 07	Gather Roon Folks an' this Story I'll Tell	Concert	p.9
Dec November	Sun 05	Ginger: Tortoise in a Nutshell	Theatre	p.11
	Sat 18	A Day to Play: Shaper Caper	Workshop	p.11
	Sat 18	Paper Moon: Shaper Caper	Concert	p.12
	Wed 22	Fergus McCreadie	Music	p.12
Dec	Thu 21	Midwinter Ceilidh with Whirligig	Music	p.12

Regular Events

Monthly	Ken Words Writers' Cafe	Event	p.13
	WriteOn Writing Group	Event	p.13
Weekly	Margaret Morris Movement (adults)	Dance	p.13
Various	Dalry Song Share	Music	p.14
Weekly	CatStrand Singers	Music	p.14
Various	Open Stage with Alan McClure	Music	p.14
Various	Clachan Folk Sessions	Music	p.14

Exhibition

Aug & Sep	South West Scotland Printmakers	Exhibition	p.15

Young Creatives

Regular Sessions	Pages:	16 - 19
Young Music Makers	Pages:	19 - 20

ACCESSIBILITY INFORMATION

We seek to provide a welcoming space for all visitors and audience members, including neurodiverse audiences and those with accessibility needs.

CatStrand and The Smiddy are fully accessible buildings, with wheelchair accessible seats, disabled toilets and parking. The rest of our programme also takes place in accessible venues.

An A4 print out or plain text version of this programme is available on request. CatStrand has a Companions Come Free policy, bookable at the box office.

	CatStrand New Galloway, DG7 3RN	The Smiddy, Balmaclellan, DG7 3QE	Lagwyne Hall, Carsphairn, DG7 3TQ	Dalry Town Hall Main St, St John's Town of Dalry, DG7 3UW	The Clachan Inn St John's Town of Dalry, DG7 3UW
Wheelchair accessible	✓	✓	✓	✓	✓
Disabled toilets	✓	✓	✓	✓	
Disabled parking	✓	✓			
Hearing loop	✓			✓	
WiFi	✓	✓	✓		✓

If you have any queries about visiting or if there are measures that we can take to facilitate your visit, please call us on 01644420374 or email access@catstrand.com.

Examples of support we can offer include:

- Captioning, audio or BSL interpretation
- Making a quiet room available pre-show, or arranging a buddy for your visit.
- Providing a complimentary Companion ticket.

Further information is available at www.gcat.scot/access

Thank you to all our funders and Supporters

Glenkens Food Month events across September:
glenkens.scot/glenkens-food-month-2023

